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## CLAIMS

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What I claim as my invention is:

1. An Ice Belt To Reduce Body Temperature, comprising:

a strip of flexible material of sufficient length and width to gird the waist from the midriff down, said strip having a body contacting side and an opposite outwardly facing side and an upper edge and lower edge;

pocket-like receptacles secured to the innermost body contacting side of the Ice Belt for the placement of frozen-flexible ice bags--type blue or treated ice; the said belt further contains;

connecting means to secure the upper and lower edges of the belt together and hold the belt in folded condition with the pocket-like receptacles inside the fold and the strip of flexible material to the outside thereof.

2. The belt of claim 1, containing pocket-like receptacles attached to a strip of flexible material for the placement of ice bag's--type blue or treated ice--furthermore contains:

fastening means on the inner side of the upper portion of the pocket-like receptacles; thus securing the ice bags from falling out, and facilitating the removal of the ice bags at intervals for refreezing when the ice melts; depending on the temperature, body functions, and outer garment of the user while wearing the Ice Belt.